



YMCA  
Mango Hill  
Gymnastics

# Proposed Timetable

Launching Term 2, 2020

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**YMCA MANGO HILL GYMNASTICS**

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# Proposed Timetable

Launching Term 2, 2020

CLASSES	MON	TUE	WED	THU	FRI	SAT
<b>GYM BUBS</b> Under 2.5 years	9:15–10:00				9:15–10:00	
<b>GYM TOTS</b> 2.5–4 years (with parents)		9:15–10:00	9:15–10:00	9:15–10:00		8:30–9:15
<b>GYM KIDS</b> 4–5 years (no parents)	10:15–11:00		10:15–11:00		10:15–11:00	9:30–10:15
<b>KINDY NINJA</b> 4–5 years (no parents)		10:15–11:00		10:15–11:00		
<b>PREP READY</b>	3:30–4:30	3:30–4:30	3:30–4:30	3:30–4:30	3:30–4:30	10:15–11:15
<b>STEP 1</b>	4:30–5:30	3:30–4:30	4:30–5:30	3:30–4:30	4:30–5:30	11:15–12:15
<b>STEP 2</b>	3:30–4:30	4:30–5:30	3:30–4:30	4:30–5:30	3:30–4:30	10:15–11:15
<b>STEP 3</b>	4:30–5:30		4:30–5:30		4:30–5:30	11:15–12:15
<b>STEP 4 &amp; 5</b>		4:30–6:00		4:30–6:00		
<b>TUMBLE</b> 8+ years	5:30–6:30		5:30–6:30			12:15–1:15
<b>NINJA</b> Mixed age		5:30–6:30		5:30–6:30		11:15–12:15

## About Our Programs

### Y Steps

Our Y Steps program helps children develop strength, flexibility, and athletic ability. These classes are perfect for school-age beginners, right through to developing junior-level gymnasts. Children doing Y Steps gain experience in a range of gymnastic activities and exercises – be it balancing on the beams, swinging on the bars, or practicing floor movements. Every little gymnast is encouraged to learn at their own pace and work towards reaching their own fitness potential in a supportive team environment.

### KinderGym

The YMCA KinderGym Program is designed to develop the whole child and is conducted in a safe, structured, multi-sensory environment. Children can explore and practice skills safely to build self-confidence and self-esteem. One of the most unique components of our KinderGym program is that parents and caregivers are encouraged to get involved! KinderGym classes are available for children aged 10 months to 5 years.

## Weekly Fees\*

45 MINS	60 MINS	90 MINS
<b>\$14/week</b>	<b>\$18/week</b>	<b>\$22/week</b>

\*Class fees are for 1 class session per week per child, billed fortnightly via direct debit.

\*Minimum commitment of 1 term (11 weeks). Enrolments open in March 2020, for a Term 2 start.

\*Each class has a limited number of spaces, and pre-booking is essential to secure your place.

\*An Annual Registration Fee of \$60 applies per student for Gymnastics Queensland Affiliation, valid until 31 December 2020.

\*A \$10 equipment levy is applicable per term, per student.

\*A \$39 uniform fee may apply.

\*Classes are subject to change at YMCA discretion.